

Stephanie LenWar — Artist Statement

I am a visual artist and musician whose work exists in the whispers between dreams and waking. Here, the conscious and subconscious converge, the visceral and the surreal coexist, and life and death become one and the same. It is within this space that moments of transformation, understanding, and connection arise—experiences we ultimately transcribe into meaning.

Through music, I create atmospheric environments using layered sonic textures, echoes, and lyrics, giving form to an emotional landscape where the conscious and subconscious remain in dialogue. My drawings inhabit these spaces as talismans, omens, witnesses, and guides. Created digitally on a tablet before being translated into physical works on paper, they trace the passage between thought and material, revealing the unseen forces that shape our lives.

Inspired by my dreams and nightmares, with which I have had a vivid and tumultuous relationship, I translate recurring omens—signs and patterns we instinctively imbue with meaning—into a personal visual and sonic language. I find that dreams become ghosts in waking life. The tree with eyes, the figure in the shadows, that falling into flight—these things remember you, even when you recall only the feeling they left behind.

My work exists in conversation with both personal experience and shared symbolic traditions, drawing on pan-cultural mythologies, elemental forces, animal familiars, and the cyclical processes that compose us. These references become a framework for exploring grief, identity, and transformation—not as fixed narratives, but as shared experiences that echo across time and cultures as I create my own symbolic lexicon.

Together, my work invites viewers into worlds where the boundaries between inner and outer, real and myth, and human and more-than-human begin to dissolve. These works offer a visceral link to the connective tissue that constellates the nature within and around us, creating space for meaning to emerge in the lines we draw between the stars.